

Initial care of ankle sprains & strains

Hosted by: Tony Bradley

The ankle is one of the most common sites for acute musculoskeletal injuries, and sprains account for 75 percent of ankle injuries. Acute ankle trauma is responsible for 10 to 30 percent of sports-related injuries in young athletes. Each year, an estimated 1 million persons seek medical help with acute ankle injuries. More than 40 percent of ankle sprains have the potential to cause chronic problems. Appropriate initial care of these injuries help in the prevention of chronic development. This workshop will guide you through the initial assessment of ankle injuries and treatment in the Emergency Department setting.